## How to upload a video to YouTube for the Stop Rx Abuse contest

- 1. Create your original video and transfer it to your computer.
- 2. Go to <a href="www.youtube.com">www.youtube.com</a> and click "Upload" in the upper right-hand corner.
- 3. If you have a Google account, sign in. If you don't have one, click "Sign Up" in the upper right-hand corner and create an account.
- 4. Click "Select file from your computer" and choose the video you want to upload. The video should begin uploading immediately.
- 5. When your video is finished uploading, enter the title and description and choose a privacy setting. Please note that if you select "private," our office will not be able to see your video.
- 6. Watch your video on YouTube!
- 7. To enter your video in the Stop Rx Abuse contest, remember to email us a link to the video at <a href="mailto:stoprxabuse@ncdoj.gov">stoprxabuse@ncdoj.gov</a> and submit an application form (available at <a href="www.ncdoj.gov">www.ncdoj.gov</a>)