

**MANDATED IN-SERVICE TRAINING**  
**TOPICS AND HOURS BY YEAR (2018-2006)**

**2018 MIST**

Firearms Training and Qualification (4 credits)

Legal Update (4 credits)

Strategies to Improve Law Enforcement Interactions and Relationships with Minority Youth (2 credits)

Equality in Policing (4 credits)

Communication Skills with Persons in Crisis: De-escalation Techniques (4 credits)

Department Topics of Choice (4 credits)

NCJA Topics:

    Law Enforcement Intelligence Update (2 Credits)

    Leadership Through Community Partnership (2 Credits)

    Officer Safety: Surviving Planned Attacks Against Law Enforcement Officers (4 Credits)

**2017 MIST**

Firearms Training and Qualification (6 credits)

Legal Update (4 credits)

Positively Impacting Today's Youth (2 credits)

Domestic Violence: Protecting Victims of Domestic Violence (4 credits)

Improving Decision-Making Skills (4 credits)

Department Topics of Choice (4 credits)

NCJA Topics:

    Law Enforcement Intelligence Update (2)

    Protecting Our Officers: Suicide Prevention for Law Enforcement (2)

    Narcotics Identification for Patrol Officers (2)

**2016 MIST**

Firearms Training and Qualification (6)

Legal Update (4)

JMST- The Color of Justice (2)

Human Trafficking Awareness (2)

N.C. Firearms Laws: Citizens and Guns (2)

NCJA Topics:

    Body-Worn Cameras/Video Evidence (2)

    Recovery of Mobile Devices and Preservation of Electronic Evidence (2)

    Law Enforcement Intelligent Update (4)

    Leadership: Modeling Appropriate Behavior (2)

## **2015 MIST**

Firearms Training and Qualification (6)  
Legal Update (4)  
JMST- What Does It Have To Do With Me? (2)  
Domestic Violence – Teen Dating Violence (2)  
Department Topic of Choice (10)  
NCJA Topics:  
    Officer Safety: Use of Force Overview (4)  
    Public Safety: Storm Spotting (2)  
    Law Enforcement Intelligence Update (2)  
    Missing and Abducted Children (2)  
    Emotional Survival (2)  
    Active Shooter Overview (2)

## **2014 MIST**

Firearms Training and Qualification (6)  
Legal Update (4)  
JMST: A Juvenile – Now What? (2)  
Officer Safety: The First 5 Minutes (4)  
Department Topic of Choice (8)  
NCJA Topics:  
    Fundamentals of Evidence Collection (4)  
    Law Enforcement Intelligence Update (2)  
    Officer Safety: Responding to Crimes Off-Duty (2)  
    Recognizing the Signs: Pre-Assaultive and Deceptive Behavior (4)

## **2013 MIST**

Firearms Training and Qualification (4)  
Legal Update (4)  
JMST: Don't Press Send (2)  
Domestic Violence: The Children are Watching (2)  
Department Topic of Choice (12)  
NCJA Topics:  
    Bloodborne Pathogens (2)  
    Hazardous Materials (2)  
    Law Enforcement Intelligence Update (4)  
    Operating in Low Light Conditions (2)  
    Responding to Individuals with mental Illness (2)  
    Officer Readiness: Below 100 Training (4)

## **2012 MIST**

Firearms Training and Qualification (4)

Legal Update (4)

JMST: Interaction Skills in Building Rapport (2)

Career Survival: Social Networking and Digital Communications (4)

Awareness of Issues Surrounding Returning Military Personnel: (2)

Department Topic of Choice (8)

NCJA Topics:

Traffic Interdiction (4)

Introduction to Search and Rescue (2)

Dealing with Epilepsy, Diabetes, Autism and Alzheimer's (2)

Surviving the Use of Force Incident (2)

The Public Image and Expectations (2)

## **2011 MIST**

Legal Update (4)

JMST: Interactions, Communications, and Understanding (2)

Career Survival: Leadership and Mentoring (4)

Firearms Training and Qualification (4)

Domestic Violence: Lesbian, Gay, Bi-Sexual and Transgender (LGBT) Relationships (2)

Department Topic of Choice (8)

NCJA Topics:

JMST: The System and Options (2)

Courtroom Testimony (4)

Active Shooter: Practical Refresher (4)

Human Trafficking (4)

Dealing with the Older Driver (4)

Arrest, Search and Seizure (2)

## **2010 MIST**

Legal Update (4)

JMST: Race Matters (2)

Career Survival: Positive Ways to be Successful (4)

Firearms Training and Qualification (4)

Department Topic of Choice (10)

NCJA Topics:

Mental Illness- Suicide by Cop and Force options (2)

Civil Liability (2)

SCAT/Ground Fighting (4)

Emotional Intelligence: Effective Communications (4)

## **2009 MIST**

Legal Update (4)

JMST: In the "Real World" (2)  
Career Survival: Training & Standards Issues (2)  
Domestic Violence (2)  
Drug Diversion for Patrol Officers (2)  
Firearms Training and Qualification (4)  
Department Topic of Choice (8)  
NCJA Topics:  
    Bicycle/Pedestrian Safety (2)  
    Law Enforcement Driver Training (Classroom only) (4)  
    Law Enforcement Driver Training (Practical only) (4)  
    Drug Diversion for Investigators (2)  
    Fraudulent Documents (2)

### **2008 MIST**

Legal Update (4)  
Career Survival: Truth or Consequences (2)  
JMST: Effects of Juvenile Bullying (2)  
Response to Critical Incidents (4)  
Firearms Training and Qualification (4)  
Department Topic of Choice (8)  
NCJA Topics:  
    Personnel/Management Issues (4)  
    Weapons Retention and Disarming Techniques (4)  
    Rapid Deployment (4)

### **2007 MIST**

Firearms Training and Qualification (4)  
Legal Update (2)  
Ethics On or Off Duty (2)  
JMST- Current Youth Culture- What's Hot, What's Not (2)  
Interacting with Special Populations (4)  
Domestic Violence (2)  
Topic of Choice (8)  
NCJA Topics:  
    Arrest, Search & Seizure Review (2)  
    Handcuffing and Impact Weapons Refresher (4)  
    Ethics On or Off Duty (2)

### **2006 MIST**

Firearms Training and Qualification (4)  
Legal Update (4)  
Methamphetamine Awareness or Methamphetamine Investigative Issues (4)  
JMST- Juvenile Gang Awareness (2)  
Ethical Awareness (2)  
Department Topic of Choice (8 hours)  
NCJA Topics:  
    Law Enforcement Driver Training  
    Wellness/Stress Awareness

**2005 MIST**

Firearms Training and Qualification (4)  
Legal Update (4)  
Bloodborne Pathogens (2)  
Hazardous Materials (2)  
Juvenile Minority Sensitivity (2)  
Ethics (2)  
Domestic Violence (4)